



ATTENTION

***To attend **Comfort Measures 4 Labor ~or~ Pregnancy 101** Classes **MUST** be pregnant. To attend **Breastfeeding** class **YOU** must be breastfeeding or interested.
NO EXCEPTIONS!

MON	Tuesday	WED	Thursday
	 <p>Care Parenting Center 1205 South Pointe Parkway Shreveport, LA 71105 318-861-3232</p>		<p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 1.</p> <p>12:00 Breast Feeding - Ms. Brenda - (4 Merits)</p> <p>1:10 Parenting Video Series: “Fighting The Impulse To Spend” - Mr. David (5 – Merits)</p>
<p>4. OPEN 9:30 – 4:30</p>	<p>12:00 Pregnancy 101 – “Infant Expectations” - Ms. Nastarsha (4 Merits)</p> <p>1:10 1:10 “Kickin It With Kierra / Biblical Literacy” - Ms. Kierra (5 Merits)</p> <p>2:15 Power House Parenting – “10 Gifts To Give Your Children” Ms. Katherine (4 Merits)</p>	<p>5. OPEN 9:30 – 4:30</p>	<p>6.</p> <p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 7.</p> <p>12:00 Breast Feeding - Ms. Brenda - (4 Merits)</p> <p>1:10 Parenting Video Series: “What is Family” - Mr. David (5 – Merits)</p>
<p>11. OPEN 9:30 – 4:30</p>	<p>12:00 Pregnancy 101 – “Infant Hygiene” - Ms. Nastarsha (4 Merits)</p> <p>1:10 “Kickin It With Kierra / Biblical Literacy” - Ms. Kierra (5 Merits)</p> <p>2:15 Power House Parenting – “How To Listen /Talk To Kids” - Ms. Jesikah (4 Merits)</p>	<p>12.</p> <p>13. OPEN 9:30 – 4:30</p>	 <p>Our Client’s Christmas Party is on, December 14th 11:00 – 1:00 p.m.</p> <p>You <u>MUST</u> Sign-up You & your child and YOU <u>MUST</u> be current to attend. No shows will be charged <u>25</u> merits</p>
<p>18. OPEN 9:30 – 4:30</p>	<p>12:00 Pregnancy 101 – “Simple Infant Care” - Ms. Nastarsha (4 Merits)</p> <p>1:10 “Kickin It With Kierra / Biblical Literacy” - Ms. Kierra (5 Merits)</p> <p>2:15 Power House Parenting – “Discipline Isn’t Spelled PUNISHMENT” - Ms. Katherine (4 Merits)</p>	<p>19.</p> <p>20. OPEN 9:30 – 4:30</p>	<p>21.</p> <p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits)</p> <p>12:00 Breast Feeding - Ms. Brenda - (4 Merits)</p> <p>1:10 Parenting Video Series: “Successful Family Living” - Mr. David (5 – Merits)</p>



We will be closed
December 25th – January 2nd 2024
For:
Christmas & The New Year’s Holidays

