













***New Class **Special Event**
*****To attend Comfort Measures 4 Labor ~or~ Pregnancy 101 Classes MUST Be Pregnant. To attend Breastfeeding Class Must be Breastfeeding or Interested in Breastfeeding...**

MON	Tuesday	WED	Thursday
  <p>Care Parenting Center 1205 South Pointe Parkway Shreveport, LA 71105 318-861-3232</p>		 <p>FEBRUARY</p>	
1. OPEN 9:30 – 4:30	2. 12:00 Pregnancy 101 – Ms. Penny (4 Merits) 1:10 Video Series: “The Importance of Bonding” – Ms. Heather (5 Merits) 2:15 Power House Parenting – Ms. Teresa (4 Merits)	3. OPEN 9:30 – 4:30 	4. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 12:00 Breast Feeding - Ms. Brenda (4 Merits) 1:10 Parenting Video Class – “The Monster of Debt” Ms. Heather (5 Merits) 1 Pack of diapers 
8. OPEN 9:30 – 4:30	9. 12:00 Pregnancy 101 – Ms. Penny (4 Merits) 1:10 Video Series: “Eye Contact Means Love” – Ms. Katherine (5 Merits) 2:15 Power House Parenting – Ms. Teresa (4 Merits)	10. OPEN 9:30 – 4:30 	11. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 12:00 Breast Feeding - Ms. Brenda (4 Merits) 1:10 -3:00 Special Event: Movie Day. “Discarded Things” Popcorn, candy, drinks, door prizes & lots of fun!! You must sign-up and be a current client to attend.
15. OPEN 9:30 – 4:30	16. 12:00 Pregnancy 101 – Ms. Penny (4 Merits) 1:10 Video Series: “Immunizations” – Ms. Heather (5 Merits) 2:15 Power House Parenting – Ms. Teresa (4 Merits)	17. OPEN 9:30 – 4:30 	18. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 12:00 Breast Feeding - Ms. Brenda (4 Merits) 1:10 Parenting Video Class – “Credit Scores” Ms. Heather (5 Merits) 1 Pack of diapers
22. OPEN 9:30 – 4:30 	23. 12:00 Pregnancy 101 – Ms. Penny (4 Merits) 1:10 Video Series: “Crying” – Ms. Katherine (5 Merits) 2:15 Power House Parenting – Ms. Teresa (4 Merits) 	24. OPEN 9:30 – 4:30	25. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 12:00 Breast Feeding - Ms. Brenda (4 Merits) 1:10 Parenting Video Class – “Credit Cards, Friend or Foe” Ms. Katherine (5 Merits) 1 Pack of diapers 2:30 Infant & Toddler CPR Training Event Facilitator: Ms. Contika Shyne – (5 – Merits) & 2 GW Vouchers 