



ATTENTION

*****To attend Comfort Measures 4 Labor ~or~ Pregnancy 101 Classes MUST Be Pregnant. To attend Breastfeeding Class Must be Breastfeeding or Interested in Breastfeeding...**

MON	Tuesday	WED	Thursday
	 <p>Care Parenting Center 1205 South Pointe Parkway Shreveport, LA 71105 318-861-3232</p> 		
<p>2. OPEN 9:30 – 4:30</p>	<p>3.</p> <p>12:00 Pregnancy 101 – (4-Merits) “Infant Expectations” - Ms. Amanda</p> <p>1:10 Parenting Video Series: “Mommy Work” - Ms. Jesikah (5-Merits)</p> <p>2:15 Power House Parenting – “Tantrums” (4-Merits)</p>	<p>4. SPANISH CLASS 11:00 & 12:00</p>	<p>5.</p> <p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4-Merits)</p> <p>12:00 Breast Feeding - Ms. Brenda - (4-Merits)</p> <p>1:10 Parenting Video Series: “Screen Time and You” - Mr. David (5-Merits) 1 GWV</p>
<p>9. OPEN 9:30 – 4:30</p> 	<p>10.</p> <p>12:00 Pregnancy 101 – (4-Merits) “A Birth Mother's Bill of Rights” - Ms. Amanda</p> <p>1:10 Parenting Video Series: “Being A Super Mom” - Ms. Katherine (5-Merits)</p> <p>2:15 Power House Parenting – “Whining” (4-Merits)</p> 	<p>11. SPANISH CLASS 11:00 & 12:00</p>	<p>12.</p> <p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4-Merits)</p> <p>12:00 Breast Feeding - Ms. Brenda (4-Merits)</p> <p>1:10 Parenting Video Class – “Depression and Suicide” Mr. David (5-Merits) 1 GWV</p>
<p>16. CLOSED</p> 	<p>17.</p> <p>12:00 Pregnancy 101 – (4-Merits) “Labor and Delivery Getting Ready” - Ms. Amanda</p> <p>1:10 Parenting Video Series: “Car Seat Safety” - Ms. Jesikah (5-Merits)</p> <p>2:15 Power House Parenting – “Siblings” (4-Merits)</p> 	<p>18. SPANISH CLASS 11:00 & 12:00</p>	<p>19.</p> <p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4-Merits)</p> <p>12:00 Breast Feeding - Ms. Brenda (4-Merits)</p> <p>1:10 Parenting Video Class – “Abuse, Addiction & Abandonment” Mr. David (5-Merits) 1 GWV</p>
<p>23. OPEN 9:30 – 4:30</p> 	<p>24.</p> <p>12:00 Pregnancy 101 – (4-Merits) “Bonding with your Unborn” - Ms. Amanda</p> <p>1:10 Parenting Video Series: “Mommy Nutrition” - Ms. Katherine (5-Merits)</p> <p>2:15 Power House Parenting – “Sleeping, Bedtimes, Mornings” (4-Merits)</p> <p>30.</p>	<p>25. SPANISH CLASS 11:00 & 12:00</p>	<p>26.</p> <p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4-Merits)</p> <p>12:00 Breast Feeding - Ms. Brenda (4-Merits)</p> <p>1:10 Parenting Video Class – “Beyond Child Support” Mr. David (5-Merits) 1 GWV</p> 