



**ATTENTION**  
 \*\*\*To attend Comfort Measures 4 Labor ~or~ Pregnancy 101 Classes you MUST Be Pregnant. To attend Breastfeeding Class you Must be Breastfeeding or Interested in Breastfeeding...  
**NOEXCEPTIONS!**

MON	Tuesday	WED	Thursday
	 <p><b>Care Parenting Center</b>  <b>1205 South Pointe Parkway</b>  <b>Shreveport, LA 71105</b>  <b>318-861-3232</b></p>	<p>1.  <b>Open</b>  <b>9:30-4:30</b>  <b>Spanish Class</b>  <b>12/1:00</b></p>	<p>2.  <b>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits)</b>  <b>12:00 Breast Feeding - Ms. Brenda (4 Merits)</b>  <b>1:10 Parenting Video Class – “The Monster of Debt”</b>  <b>Mr. David (5 Merits) 1- Pkg. of Diapers &amp; 1-GWV</b></p> 
<p>6.  <b>OPEN</b>  <b>9:30 – 4:30</b></p>	 <p><b>CPR Certification Course</b>  <b>12:00 – 1:30 p.m.</b>  <b>You <u>MUST</u> Have Signed up.</b></p> <p>2:00 Power House Parenting – “Toddler Safety” (4 – Merits)      - Ms. Jesikah</p>	<p>8.  <b>OPEN</b>  <b>9:30 – 4:30</b>  <b>Spanish Class</b>  <b>12/1:00</b></p>	 <p><b>CPR Certification Course</b>  <b>12:00 – 1:30 p.m.</b>  <b>You <u>MUST</u> Have Signed up.</b></p> <p>2:00 Parenting Video Class – “Credit Cards, Friends, or Foe”      Mr. David (5 Merits) <b>1- Pkg. of Diapers (You must have completed the 1 class to receive diapers) &amp; 1-GWV</b></p>
<p>13.  <b>OPEN</b>  <b>9:30 – 4:30</b></p>	<p>12:00 Pregnancy 101 – “L &amp; D Medical Pain Relief &amp; Intervention” Ms. Amanda (4 Merits) 14.</p> <p>1:10 Video Series: “Dunstan Baby Language (1)” – Ms. Katherine (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Illness” (4 – Merits) Ms. Katherine</p>	<p>15.  <b>OPEN</b>  <b>9:30 – 4:30</b>  <b>Spanish Class</b>  <b>12/1:00</b></p>	<p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 16.</p> <p>12:00 Breast Feeding - Ms. Brenda (4 Merits)</p> <p>1:10 Parenting Video Class – “Financial Emergencies”      Mr. David (5 Merits) <b>1- Pkg. of Diapers (You must have completed first 2 classes to receive diapers) &amp; 1-GWV</b></p>
<p>20.  <b>OPEN</b>  <b>9:30 – 4:30</b></p>	<p>12:00 Pregnancy 101 – “Your Body &amp; Birth” 21.      Ms. Amanda (4 Merits)</p> <p>1:10 Video Series: “ Dunstan Baby Language (2)” – Ms. Jesikah (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Nutrition”      Ms. Jesikah (4 Merits)</p>	<p>22.  <b>OPEN</b>  <b>9:30 – 4:30</b>  <b>Spanish Class</b>  <b>12/ 1:00</b></p>	<p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 23.</p> <p>12:00 Breast Feeding - Ms. Brenda (4 Merits)</p> <p>1:10 Parenting Video Class – “Budgeting 101”      Mr. David (5 Merits) <b>1- Pkg. of Diapers (You must have completed first 3 classes to receive diapers) &amp; 1-GWV</b></p>
<p>27.  <b>OPEN</b>  <b>9:30 4:30</b></p> 	<p>12:00 Pregnancy 101 – “Being Super Mom” 28.      Ms. Amanda (4 Merits)</p> <p>1:10 Video Series: “ Dunstan Baby Language (3)” – Ms. Katherine (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Oral Health”      Ms. Katherine (4 Merits)</p> 	<p>29.  <b>OPEN</b>  <b>9:30 – 4:30</b>  <b>Spanish Class</b>  <b>12/ 1:00</b></p>	<p>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 30.</p> <p>12:00 Breast Feeding - Ms. Brenda (4 Merits)</p> <p>1:10 Parenting Video Class – “Credit Scores”      Mr. David (5 Merits) <b>1- Pkg. of Diapers (You must have completed first 4 class to receive diapers) &amp; 1-GWV</b></p> 