



ATTENTION
 ***To attend Comfort Measures 4 Labor ~or~ Pregnancy 101 Classes **MUST** Be Pregnant.
 To attend Breastfeeding Class **MUST** be **Breastfeeding** or Interested in Breastfeeding... **NO EXCEPTIONS!**

MON	Tuesday	WED	Thursday
<p>2. 12:00 Pregnancy 101 – “Unborn Baby’s Secret World” -Ms. Katherine (4 Merits)</p> <p>OPEN 9:30 – 4:30</p> <p>1:10 Video Series: “Infant Nutrition” – Ms. Jesikah (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Mommy Milestones” -Ms. Teresa (4 Merits)</p>	<p>3.</p>	<p>4. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits)</p> <p>OPEN 9:30 – 4:30</p> <p>Spanish Class 12:00</p> <p>12:00 Breast Feeding - Ms. Brenda (4 Merits)</p> <p>1:10 LSU AG Center Nutrition & Cooking Class 5 Merits + 1 GWV</p>	<p>5.</p>
<p>9. 12:00 Pregnancy 101 – “Infant Hygiene” Ms. Jesikah (4 Merits)</p> <p>OPEN 9:30 – 4:30</p> <p>1:10 Video Series: “Infant Accidents” – Ms. Katherine (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Dev. Milestone 12-15” -Ms. Teresa (4 Merits)</p>	<p>10.</p>	<p>11. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits)</p> <p>OPEN 9:30 – 4:30</p> <p>Spanish Class 12:00</p> <p>12:00 Breast Feeding -Ms. Brenda (4 Merits)</p> <p>1:10 – LSU AG Center Nutrition & Cooking Class 5 Merits + 1 GWV</p>	<p>12.</p>
<p>16. 12:00 Pregnancy 101 – “Labor & Delivery Natural Comfort Measures” -Ms. Katherine (4 Merits)</p> <p>OPEN 9:30 – 4:30</p> <p>1:10 Video Series: “Baby On The Move” – Ms. Jesikah (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Dev. Milestone 15-18” -Ms. Teresa (4 Merits)</p>	<p>17.</p>	<p>18. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits)</p> <p>OPEN 9:30 – 4:30</p> <p>Spanish Class 12:00</p> <p>12:00 Breast Feeding - Ms. Brenda (4 Merits)</p> <p>1:10 LSU AG Center Nutrition & Cooking Class 5 Merits + 1 GWV</p>	<p>19.</p>
<p>23. 12:00 Pregnancy 101 – “Labor & Delivery Medical Pain Relief & Interventions” -Ms. Jesikah (4 Merits)</p> <p>OPEN 9:30 – 4:30</p> <p>1:10 Video Series: “Immunizations” – Ms. Kathrine (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Dev. Milestone 18-24” Ms. Teresa (4 Merits)</p>	<p>24.</p>	<p>25. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits)</p> <p>OPEN 9:30 – 4:30</p> <p>Spanish Class 12:00</p> <p>12:00 Breast Feeding -Ms. Brenda (4 Merits)</p> <p>1:10 LSU AG Center Nutrition & Cooking Class 5 Merits + 1 GWV</p>	<p>26.</p>
<p>30. 12:00 Pregnancy 101 – “Training Your Birth Coach” -Ms. Katherine (4 Merits)</p> <p>We're Closed</p> <p>1:10 Video Series: “Preventing Child Sexual Abuse” – Ms. Katherine (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Dev. Milestone 24-36” -Ms. Teresa (4 Merits)</p>	<p>31.</p>	 <p>CARE Parenting Center 1205 South Pointe Parkway Shreveport, LA 71105 318-861-3232</p> 	