













Limited Classes

***To attend **Comfort Measures 4 Labor ~or~ Pregnancy 101** Classes **MUST** be pregnant. To attend **Breastfeeding** class **YOU** must be breastfeeding or interested.
NO EXCEPTIONS!

MON	Tuesday	WED	Thursday
<p>1. 12:00 Pregnancy 101 – (4 Merits) “Interventions & Labor” 2.</p> <p>1:10 Parenting Video Series: “Getting Established” – Ms. Katherine (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Mommy Milestones” - Ms. Teresa (4 Merits)</p> 		<p>3. OPEN 9:30 – 4:30</p> 	<p>4. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits)</p> <p>12:00 Breast Feeding - Ms. Brenda - (4 Merits)</p> <p>1:10 Parenting Video Series: “Co-Parent Communication” - Ms. Katherine (5 – Merits)</p> 
<p>8. OPEN 9:30 – 4:30</p> <p>12:00 Pregnancy 101 – (4 Merits) “Moving Through Labor” 9.</p> <p>1:10 Parenting Video Series: “What is Family” – Ms. Jesikah (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Development Milestones 12-15” - Ms. Teresa (4 – Merits)</p>		<p>10. OPEN 9:30 – 4:30</p> <p>“We are Thankful for YOU!”</p> 	<p>11. CLOSED</p> <p>VETERANS DAY</p> 
<p>15. OPEN 9:30 – 4:30</p>  <p>12:00 Pregnancy 101 – (4 Merits) “What To Expect” 16.</p> <p>1:10 Parenting Video Series: “Successful Family Living” – Ms. Katherine (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Development Milestones 15-18” - Ms. Teresa (4 Merits)</p>		<p>17. OPEN 9:30 – 4:30</p> 	<p>Our Annual Thanksgiving Fest!</p> <p>You <u>MUST</u> Sign Up Lots of Food & Fun!</p>
<p>22. OPEN 9:30 – 4:30</p> <p>12:00 Pregnancy 101 – (4 Merits) “Infant Care” 23.</p> <p>1:10 Parenting Video Series: “Family Stability Inside Chnage” – Ms. Jesikah (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Development Milestones 18-24” - Ms. Teresa (4 Merits)</p>		<p>24. “Closed in Holidays”</p> 	<p>25. “SORRY WE’RE CLOSED”</p> <p>HAPPY TURKEY DAY!</p> 
<p>29. OPEN 9:30 – 4:30</p>  <p>12:00 Pregnancy 101 – (4 Merits) “Labor 101 Options” 30.</p> <p>1:10 Parenting Video Series: “Helping Children Process Change” – Ms. Katherine (5 Merits)</p> <p>2:15 Power House Parenting – “Toddler Development Milestones 24-36”” - Ms. Teresa (4 Merits)</p>		<p>OPEN 9:30 – 4:30</p> 	<p>Care Parenting Center 1205 South Pointe Parkway Shreveport, LA 71105 318-861-3232</p> 